

# GAME TIME: EFFECTIVE PRACTICE WITH GIMIES



## GAMES EDITION

With a 'GIMIES cube', get ready for one of six dynamic challenges designed to make practice *fun and effective*! Try to complete every challenge to complete a full practice session.

### EQUIPMENT

- Games Edition GIMIES cube
- Clubs: 8 Iron, Pitching Wedge, Lob Wedge & Putter\*
- Access to a Short Game Facility
- Practice Balls and markers

### CADDIE TIP:

SETUP FOR SUCCESS!

Before you begin, set up your practice stations to save time and focus

### HOW TO PLAY

**Scatter Ball:** Try to 'Hole' one of 4 randomly scattered balls from distance. Repeat the set until you knock one in.

*Caddie Tip:* Chip from the green perimeter or further back instead of putting.

**Pocket Money:** Chip or putt 4 balls from around 20 ft. Start with £1 in virtual money: - Hole a Putt you 'Double your Money'. Finish within 8ft add 10p - Outside 8ft deduct 10p.

*Caddie Tip:* Position 4 tees at the corners of a 8ft square to create a target area.

**Par 18:** Play 9 random 'Mini Par 2 Holes' using a ball, club and a putter. Pitch or Chip from a marker, then putt out each ball. Track your score over 9 holes. Play once daily and aim to beat your previous score. Stimulates Pressure!

**Leap Frog:** Place a Tee in the ground 20ft out as your first target distance. Chip 4 balls, each ball just past the last.

**Ladder:** Putt 4 balls in sequence from increasing distances (e.g., 4, 8, 12, 20 ft - make it tough!). Any putts missed in the sequence, simply start again. You complete the drill when all 4 balls are holed in sequence.

*Caddie Tip:* Position 4 tees out at 4ft, 8ft, 12ft, 20ft in preparation for your challenge.

**Three Wedges:** Objective: From 15-25yds master your wedge trajectory and roll by hitting 3 distinct chip shots with different clubs. Hit 4 balls with each wedge. Measure the total combined distance of all 4 balls from the hole with each club. A lower score is a better score. Beat your best: Track your score and aim to improve each time. Helps you visualize and understand how the different lofts play out to improve your shot game.

### THE 'RUB OF THE GREEN'

You might roll the same challenge multiple times in a row—that's the 'Rub of the Green'. Show discipline and complete the task as instructed. Facing three 12ft putts in a row is 'Positive Jeopardy'—an opportunity to build focus and become a mentally stronger golfer.

