

FRESHEN UP YOUR LONG GAME WITH GIMIES



LONG GAME EDITION

Ready to take control of your ball flight and improve your course management? The Long Game GIMIES is the perfect tool for experienced golfers looking to master shot shaping and trajectory control.

EQUIPMENT

- Long Game GIMIES cube
- Select a Mid or Long Iron (e.g., 6 Iron or 4 Iron) - Access to a Driving Range or Practice Ground
- Practice Balls
- Clear Targets to Aim Towards

HOW TO PLAY

1. Select Your Iron: Choose your preferred Mid or Long Iron.
2. Roll the GIMIES cube: Discover your Long Game challenge (Draw, Fade, High, Low, 3/4 Swing, or 1/2 Swing).
3. Execute Shots: For each challenge rolled, hit four shots. Your focus is on successfully executing the required shot shape or trajectory towards your target.
4. Maintain Concentration: Stay focused on the task for each shot.

COMPLETING AN EFFECTIVE PRACTICE SESSION

Your practice session is complete only when you have successfully executed the required shots for each of the six challenges presented by the GIMIES cube. Work through every outcome on the GIMIES cube.

THE SIX SHOT MASTERY CHALLENGES

The GIMIES cube will challenge you to control your ball flight in different ways. Commit to each shot and visualize it flying towards your target.

- **Draw:** Curves gently right-to-left. (a Fade for Left-handers)
- **Fade:** Curves gently left-to-right. (a Draw for Left-handers)
- **High:** Higher trajectory than normal for that club.
- **Low:** Lower trajectory to stay under wind or for more roll.
- **3/4 Swing:** Controlled shot with three-quarter backswing and follow-through.
- **1/2 Swing:** Ideal for punch shots or controlled lay-ups.

5 REASONS TO USE GIMIES

Enhanced Shot Control: Develops ball flight mastery.

Improved Feel & Rhythm: Refines tempo and control.

Varied Skill Application: Simulates realistic on-course needs.

Simulates Pressure: Encourages mental focus under challenge.

Engaging & Focused: Turns repetition into rewarding practice.

